

## Lesson 10: The Sunan of Prayers

## Reading/Listening

1. Read lesson 10 from the text.
2. Listen to audio for this lesson:

[29- Important Lessons - Chapter 10 - Sunan Acts of As-Salaah](http://understand-islam.net/audio/Knowledge%20-%20-%20-%203.%20Explanation%20of%20Beneficial%20Books/Important%20Lessons%20for%20the%20Ummah/29-%20Important%20Lessons%20-%20Chapter%2010%20-%20Sunan%20Acts%20of%20As-Salaah.mp3)

[http://understand-islam.net/audio/Knowledge%20-%20-%20-%203.%20Explanation%20of%20Beneficial%20Books/Important%20Lessons%20for%20the%20Ummah](http://understand-islam.net/audio/Knowledge%20-%20-%20-%203.%20Explanation%20of%20Beneficial%20Books/Important%20Lessons%20for%20the%20Ummah/29-%20Important%20Lessons%20-%20Chapter%2010%20-%20Sunan%20Acts%20of%20As-Salaah.mp3)

[/29-%20Important%20Lessons%20-%20Chapter%2010%20-%20Sunan%20Acts%20of%20As-Salaah.mp3](http://understand-islam.net/audio/Knowledge%20-%20-%20-%203.%20Explanation%20of%20Beneficial%20Books/Important%20Lessons%20for%20the%20Ummah/29-%20Important%20Lessons%20-%20Chapter%2010%20-%20Sunan%20Acts%20of%20As-Salaah.mp3)

## Tasks

Complete the following activities:

1. What does sunan mean?

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2. Are acts that are sunan obligatory?

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3. What is istiftah?

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- a. Do you know one of these (istiftah)? If so, recite it to your teacher. If not, pick one and memorize it this week. Recite it daily to your teacher.

- b. Write this opening duaa that you are learning, each day this week in Arabic the number of times as directed by your teacher.

**If you already know an opening duaa, it would still be a good idea to write it daily this week.**

4. List the prayers that we recited aloud:

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5. List the prayers which we recite quietly:

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6. Sending salaah upon the prophet (salla Allahu alayhi wa sallam)  
If you know this, recite it to your teacher. If not, make a plan to memorize it next week, insha Allah.

### Think About It

When you recite a surah after Fatihah in the first two rakah of a prayer, do you always recite the same surah or do you vary it? \_\_\_\_\_

If you always recite the same surah what problem(s) could this lead to?  
\_\_\_\_\_

**Try to vary the other suwar you recite after Fatihah so that your prayer does not become mechanical, insha Allah**

### Apply

Pray a 2 rakah prayer in front of your teacher this week. He/she will note/discuss if you are following the sunan acts, insha Allah.