

Lesson 7: The Pillars of Prayer

Suggested Materials for this lesson:

- Lesson 7 from the text
- Audio: Important Lessons – Chapter 7 – Pillars of Salaat explanation by Saleh As Saleh
<http://understand-islam.net/audio/Knowledge%20-%20-%203.%20Explanation%20of%20Beneficial%20Books/Important%20Lessons%20for%20the%20Ummah/26-%20Important%20Lessons%20-%20Chapter%207%20-%20Pillars%20of%20Salaat.mp3>
- “Prophets Prayer Described” hardback copy or electronic version: <http://www.fatwa-online.com/downloads/dow004/index.htm>

Reading/Listening

1. Read lesson 7 in the text.
2. If able, listen to [Important Lessons - Chapter 7 - Pillars of Salaat](#) By Saleh As-Saleh,

See link above

Task

1. How many pillars of prayer are there? _____
2. Out of all the pillars, “Deep concentration, peacefulness and tranquility...” might be the most difficult to observe? Why?

What might you do to make this pillar easier to carry out, insha Allah?

3. Which surah is required to be recited in all rakkat? Write its name in English and Arabic

4. What are the seven parts we must prostrate on? Read "Prophet's Prayer Described-- "The Sajdah Described"

English:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Arabic*:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

*Bonus: Find out and write these parts in Arabic.

5. The Takbir signals what?

a. Write the words of the Takbir in Arabic.

b. What do the words of the Takbir mean in English?

6. What is another phrase for "invoking Allah's Blessing upon the Prophet?"

7. What ends our prayer?

Apply

Pray a 2 rakah practice prayer in front of your teacher. He/she will go through/discuss the list of pillars as you pray to make sure you are following them correctly, insha Allah. Be mindful of the pillars you had trouble with, if any, when you perform your daily salaah.

Quraan

Review/memorize Suratul Kawthar this week. Be sure to read its tafsir as well. Write the Arabic text of the Quraan each day this week.