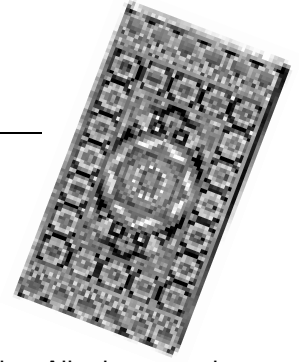


Lesson 17: Rukoo







1. Introduction:

Indeed, the prayer of one of you is not complete until he makes an excellent ablution as Allaah has commanded him to...then he celebrates Allah's greatness, praises and glorifies Him, then recites the Qur'aan as much as is easy for him from what Allaah has taught him and allowed him, then says takbeer and makes rukoo' [and places his hands on his knees] until his joints are at ease and relaxed. (PPD)

2. Overview:

After this lesson, you should be able to answer the following questions:

-  What is the status of your prayer if you do not straighten your back in rukoo and sujood?
-  What is forbidden in rukoo?
-  What was said about the man who did not complete his rukoo properly?
-  How does one steal from his prayer?

3. Reading:

Read "Prophet's Prayer Described," section:

Rukoo (page 42-51)

Read this through with your teacher, practicing the rukoo as you read.

4. Terms to Know:

Find and write the following terms/phrases in Arabic in your notebook.

5. Think about It!

Answer the questions from the Overview section in your notebook.

6. Hifz (Memorize)

Select one of the adkhaar for rukoo and hifz or review the one that you currently say. If you already know one, you might learn another one. Be prepared to recite it at the end of the week for your teacher and make sure it is said in your prayers.

7. Apply!

Have your teacher watch you make rukoo several times this week. Remember the consequences of not performing the rukoo correctly.

8. Explore:

The Prophet (salla Allahu alayhi wa sallam) forbade us from pecking like a _____, looking around like a _____ and from squatting like a _____. Fill in the blanks with the correct terms. Find out what these terms are in Arabic.