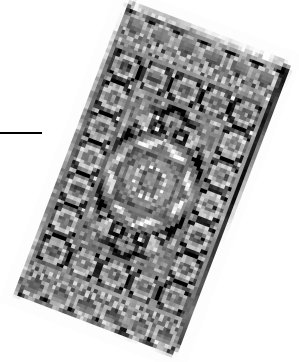


Lesson 18: Sujood



1. Introduction:

When a slave prostrates, seven limbs prostrate with him: his face, his palms, his knees and his feet. (PPD)

2. Overview:

After this lesson, you should be able to answer the following questions:

- 🕌 What should increase in sujood and why?
- 🕌 What are we forbidden to do in sujood?
- 🕌 What are the seven limbs that should prostrate in sujood?
- 🕌 What can you say about the length of the sujood?
- 🕌 Is it permissible to gesture in prayer and what is a proof?
- 🕌 What will be the characteristics of the Prophet (salla Allahu alayhi wa sallam)'s ummah on the Day of Resurrection?
- 🕌 What one part of a believer will not be devoured by the Hellfire?

3. Reading:

Read "Prophet's Prayer Described," section:

Sujood (page 51-63)

Read this through with your teacher, practicing the sujood as you read.

4. Terms to Know

Muftarishan
Khumrah
Iq'aa
haseer

5. Think about It!

Answer the questions from the Overview section in your notebook.

6. Hifz (Memorize)

Select one of the adkhaar for sujood and hifz or review the one that you currently say.

7. Apply!

Have your teacher watch you make sujood several times this week. Remember to make supplications in sujood as "The slave is closest to his Lord when he is prostrating, so increase supplication [in it]." (PPD)