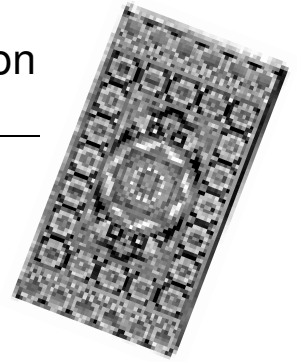


Lesson 22: Seeking Refuge from 4 Things/Supplication Before the Salaam



1. Introduction:

When one of you has finished the [last] tashahhud, he should seek refuge with Allaah from four things....""(PPD)

2. Overview:

After this lesson, you should be able to answer the following questions:

- 🕌 The Prophet (salla Allahu alayhi wa sallam) taught the companions to seek refuge from four things like he taught them what else?
- 🕌 What are the four things that the Prophet (salla Allahu alayhi wa sallam) ordered us to seek refuge from?

3. Reading:

Read "Prophet's Prayer Described," section:

The Obligation to Seek Refuge from 4 Things and the Supplication before the Salaam (page86-90) and any footnotes.

4. Think About It!

Answer the questions in the Overview section.

5. Hifz.

Hifz the adkhaar for seeking refuge from four things. . Refer to "My Salaat Companion" for text of this. (available from TJ's salaam page: http://talibiddeenjrtoo.tripod.com/is_salaam.htm). Write it in your notebook. You should know what the words mean.

Also, select one of the supplications to say before the salaam and hifz it.

6. Apply

Have your teacher listen to you seeking refuge from four things this week. Have your teacher listen to your recitation of your selected supplication before salaam.

7. Explore

The following questions are not based upon the reading but are related to it. Consult the Quraan or books of ahadith if you need to.

- List one punishment of the Hellfire.
- List one punishment in the grave.
- List one trial of this life.
- Describe the Masih Ad Dajjal